

Mould and Damp Checklist — Spot It Early

A room-by-room checklist for spotting early signs of mould and damp — condensation on windows, musty smells, dark spots on walls or ceilings, peeling paint or wallpaper. Log where and when you notice each sign.

Common causes in UK homes

- Poor ventilation in bathrooms and kitchens
- Condensation from drying laundry indoors
- Blocked air bricks or extractor fans
- Rising or penetrating damp in older properties
- Cold bridging around window frames

If you rent

Landlords in England and Wales have a legal duty to ensure a property is free from serious hazards, including damp and mould, under the Homes (Fitness for Human Habitation) Act 2018. Log issues with dates and photos before reporting to your landlord or letting agent.