



Petal & Paper

YOUR FREE PRINTABLE

Weekly habit tracker



Find more free wedding printables at
247printables.com

Page 2 is your clean, ready-to-print template — edit the text in any free PDF editor.



THIS WEEK'S HABITS

habit tracker

Monday to Wednesday

Habit: _____ Mon ☐ Tue ☐ Wed ☐
Habit: _____ Mon ☐ Tue ☐ Wed ☐
Habit: _____ Mon ☐ Tue ☐ Wed ☐
Habit: _____ Mon ☐ Tue ☐ Wed ☐
Habit: _____ Mon ☐ Tue ☐ Wed ☐

Thursday to Sunday

Habit: _____ Thu ☐ Fri ☐ Sat ☐ Sun ☐
Habit: _____ Thu ☐ Fri ☐ Sat ☐ Sun ☐
Habit: _____ Thu ☐ Fri ☐ Sat ☐ Sun ☐
Habit: _____ Thu ☐ Fri ☐ Sat ☐ Sun ☐
Habit: _____ Thu ☐ Fri ☐ Sat ☐ Sun ☐

Week summary

Week commencing: ____ Completed: ____ / 70
ticks
Best streak: ____ Most consistent habit: ____
Hardest habit: ____ Next week focus:
