



Petal & Paper

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Day walk kit list



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D A Y W A L K K I T

walk checklist

Navigation · OS map (correct sheet): ☐ Compass: ☐ GPS/phone offline: ☐

Weather protection · Waterproof jacket: ☐ Trousers: ☐ Spare base layer: ☐

Footwear · Walking boots (ankle support): ☐ Gaiters (boggy): ☐

Food and water · Water: ____ litres Emergency food: ☐ Snacks: ☐

Emergency kit · First aid: ☐ Emergency shelter: ☐ Whistle: ☐ Headtorch: ☐

Communication · Phone (offline maps downloaded): ☐ Battery pack: ☐

Tell someone · Route planned: ☐ ETA shared with: ____ ☐



T H E M O U N T A I N S D O N ' T C A R E A B O U T
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