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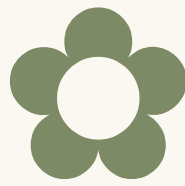
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SMART goals planning worksheet



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S M A R T G O A L S E T T I N G

SMART goals

Goal · _____

Specific · What exactly will be achieved?

Measurable · How will I know I have achieved it? ____

Achievable · Why is this realistic? _____

Relevant · Why does this matter? _____

Time-bound · Complete by: ____ Review checkpoint: ____

First action · _____ By: ____

A S M A R T G O A L I S A P L A N W I T H A
D E A D L I N E

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