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Skincare routine tracker



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YOUR SKIN ROUTINE

skincare tracker

AM routine

Step 1: _____ Product: _____

Step 2: _____ Product: _____

Step 3: _____ Product: _____

Step 4 (SPF): _____ Product: _____

PM routine

Step 1 (cleanse): _____

Product: _____

Step 2: _____ Product: _____

Step 3 (moisturise): _____

Product: _____

Step 4 (treat): _____ Product: _____

New product log

Product: _____ Introduced: ____

Reaction at week 1: ____

Product: _____ Introduced: ____

Reaction at week 1: ____

Product: _____ Introduced: ____

Reaction at week 1: ____

Monthly skin check

Overall skin condition: ____/5

Main concern this month:

Products to reorder: _____

Products to discontinue:
