



Petal & Paper

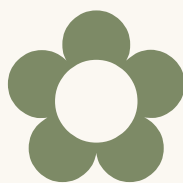
YOUR FREE PRINTABLE

Retirement weekly routine planner



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R E T I R E M E N T R O U T I N E

weekly structure

Monday · Morning: _____ Afternoon: _____

Tuesday · Morning: _____ Afternoon: _____

Wednesday · Morning: _____ (social: ☐)

Thursday · Morning: _____ Afternoon: _____

Friday · _____

Weekly non-negotiables · Exercise: _____ Social: _____ Purpose: _____

Review this routine in · _____ (after 3 months)

S T R U C T U R E I S N O T C O N S T R A I N T — I T I S
T H E F O U N D A T I O N O F F R E E D O M

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