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Quarterly goals tracker



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90 DAYS OF FOCUS

quarterly goals

Q__ goals (__ to __)

Goal 1: _____
Why it matters: _____
3 actions this quarter: 1. __ 2. __ 3. __
Monthly check-in: M1 __ M2 __ M3 __
Achieved: ☐

Goal 3

Goal: _____
Why it matters: _____
3 actions: 1. __ 2. __ 3. __
Monthly check-in: M1 __ M2 __ M3 __
Achieved: ☐

Goal 2

Goal: _____
Why it matters: _____
3 actions: 1. __ 2. __ 3. __
Monthly check-in: M1 __ M2 __ M3 __
Achieved: ☐

Quarter-end review

Goals fully achieved: __ / 3
Most important win: _____
Biggest obstacle: _____
Carry forward to next quarter:
