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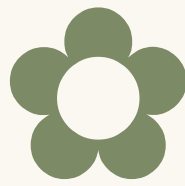
YOUR FREE PRINTABLE

New Year resolutions planner



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NEW YEAR INTENTIONS

resolutions planner

Year · _____

Resolution 1 · _____

Why it matters · ____ First action by: _____

Resolution 2 · _____

Why it matters · ____ First action by: _____

Resolution 3 · _____

90-day review date · ____ Reminder set: ☐

THREE SPECIFIC GOALS BEAT TEN
VAGUE ONES — EVERY TIME

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