



Petal & Paper

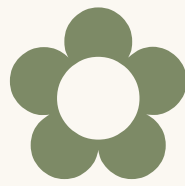
YOUR FREE PRINTABLE

Food and grocery budget tracker



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F O O D B U D G E T

grocery tracker

Monthly food budget · £____ Weekly target: £____

Week 1 · Big shop: £____ Top-ups: £____ Takeaways: £____ Total:
£____

Week 2 · Big shop: £____ Top-ups: £____ Takeaways: £____ Total:
£____

Week 3 · Big shop: £____ Top-ups: £____ Takeaways: £____ Total:
£____

Week 4 · Big shop: £____ Top-ups: £____ Takeaways: £____ Total:
£____

Monthly total · £____ vs budget: £____ Biggest leak: ____

One change for next month · _____

M E A L P L A N + S H O P P I N G L I S T + F E W E R
T A K E A W A Y S = T H E E A S I E S T S A V I N G S
T H E R E A R E

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