



Petal & Paper

YOUR FREE PRINTABLE

Hospital bag checklist



Find more free wedding printables at
247printables.com

Page 2 is your clean, ready-to-print template — edit the text in any free PDF editor.



R E A D Y W H E N B A B Y I S

hospital bag checklist

For mum — labour

- Birth plan (copies): ☐
- MATB1 / insurance card: ☐
- Dressing gown: ☐
- Slippers / flip flops: ☐
- Snacks and drinks: ☐
- Lip balm: ☐
- Phone charger and portable battery: ☐
- Music or podcast playlist downloaded: ☐

For baby

- Bodysuits (3-4, newborn and 0-3m): ☐
- Sleepsuits (3-4): ☐
- Hats (2): ☐
- Scratch mitts: ☐
- Muslin cloths (4-6): ☐
- Car seat (fitted and ready): ☐
- Going-home outfit: ☐
- Nappies (pack of newborn): ☐
- Cotton wool or water wipes: ☐

For mum — after the birth

- Nightdress or pyjamas (2-3): ☐
- Maternity bras (2-3): ☐
- Breast pads: ☐
- Disposable knickers: ☐
- Maternity pads: ☐
- Toiletries and wash bag: ☐
- Loose comfortable clothes for going home: ☐
- Going-home outfit: ☐

For birth partner

- Change of clothes: ☐
- Snacks and drinks: ☐
- Phone charger: ☐
- Cash (parking): ☐
- Camera charged: ☐
- List of people to call or text: ☐