



Petal & Paper

YOUR FREE PRINTABLE

Gratitude jar notes printable



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G R A T I T U D E J A R 

jar notes

Row 1 — complete and cut

Today I am grateful for: ____ Date: ____
A good moment today: ____ From: ____
Something that made me smile: ____ Date: ____
One thing I appreciate about our family: ____

Row 3

Today I am grateful for: ____ Date: ____
A good moment today: ____ From: ____
Something that made me smile: ____ Date: ____
One thing I appreciate about our family: ____

Row 2

Today I am grateful for: ____ Date: ____
A good moment today: ____ From: ____
Something that made me smile: ____ Date: ____
One thing I appreciate about our family: ____

Jar instructions

Print · cut along dotted lines · fold in half
Drop into a large jar or box
Add a note whenever a good thing happens
Open the jar on New Year's Eve and read
together 