



Petal & Paper

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Eye health and prescription record



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E Y E H E A L T H

vision record

Name · _____ **Optician:** ____ **NHS/Private:** ____

Last test date · ____ **Next due:** ____ (every 2 years unless directed)

Current prescription · R: Sph ____ Cyl ____ Axis ____ L: Sph ____
Cyl ____ Axis ____

Reading addition (if applicable) · R: ____ L: ____

Glasses / contacts · **Provider:** ____ **Cost:** £____ **Next replacement:**

Any eye health concerns · _____
Referred: ☐

Previous prescriptions · **Date:** ____ **Sph:** ____/____ **Change:** ____

Y O U R E Y E S A R E W O R T H T H E A N N U A L
C H E C K

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