



Petal & Paper

YOUR FREE PRINTABLE

Baby first year milestones



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B A B Y ' S F I R S T Y E A R

milestone tracker

First moments

First smile: ____ age: ____
First laugh: ____ age: ____
First time sleeping through: ____ age: ____
First food: ____ age: ____
First tooth: ____ age: ____

First words and recognition

First word: ____ age: ____
Recognises own name: ____ age: ____
First wave: ____ age: ____
First clap: ____ age: ____

First movements

First rollover: ____ age: ____
First sit unaided: ____ age: ____
First crawl: ____ age: ____
First pull to stand: ____ age: ____
First steps: ____ age: ____

First celebrations

First Christmas: _____
First Easter: _____
First holiday: _____
First birthday party: _____