

Carer Daily Log — Free Printable

A carer daily log creates a clear record of care provided — what was done, when, by whom, and any concerns. This matters for hand-overs between carers, for GP visits, and if you ever need to demonstrate the level of care being provided.

What to record

- Personal care completed (washing, dressing, toileting)
- Meals and fluid intake
- Medications given and any refusals
- Mood and behaviour notes
- Any incidents, falls or concerns

As a carer you have legal rights including a Carer's Assessment and potential entitlement to Carer's Allowance. Contact Carers UK (0808 808 7777) for free advice.